Distance 450m
Rest, Talk, Listen and Reflect
There are four small, all accessible linked side journeys to explore along the Welcome Wander. Resting points along the way are spaced, providing a safe, inclusive, sensory experience. You are welcome to wander the trails and connect with nature. It is suitable for wheel chairs and walking aids.

Welcome Wander
(All accessible)

Woowookarung
Regional Park

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Welcome Wander
(All accessible)

Woowookarung
Regional Park
Forest Trek • • • • • • • Forest Trek • • • • • • •

Distance 650m
Stroll, Stretch, Meander and Observe
Wander a bit further for more of a forest adventure. If you linger longer you will discover the iconic Austral Grass-tree and other features of Woowookarung’s heathy dry forest.

Wallabies, lizards and a variety of birds inhabit this park. Walk with a keen eye and sense of adventure, you never know what you may see. This section of the trail is not suitable for wheelchairs and walking aids.

Wallaby Walkback is a challenge for completing. Reclining seats provide the perfect spot to reflect and enjoy the forest environment.

The Dementia Friendly Forest & Sensory Trail Design

The trail provides a safe, inclusive sensory experience for those people living with dementia, alongside their carers and families, to allow everyone to experience the health and wellbeing benefits of nature. We thank all those who have contributed and supported this experience.

The design is from people living with dementia, alongside their carers and families, the health sector, community groups and traditional owners.

The first of its kind in Australia

Parks Victoria recognises the importance of innovative and universal co-design principles and the need to engage the local community to create design.

The trail is co-funded by Parks Victoria in partnership with the community. Dementia Australia has been a strong advocate for the trail’s development.

Woowookarung is acknowledged as ‘a place of plenty’ as bestowed by Wadawurrung Traditional Owners.

Forest Trek (Not suitable for wheelchairs)

6 Lounge Lizard
630 metres
7 Forest Trek
600 metres
8 Cocoon Corner
900 metres
9 Wallaby Walkback
1100 metres
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